

Guide to completing your application for
Senior Accredited Membership of the HGI
(Column C - SCoPEd)
for Registered Members (MHGI)

HGI Membership number

You can find this on your membership certificate

1. Relevant qualifications

Any qualifications relevant to your work as a HG practitioner - this should include the Human Givens Diploma and may also include

- MA in Human Givens Psychotherapy
- Any qualifications in mental health, psychology, psychiatry or in a health profession relevant to your role and practice
- Any additional qualifications in relevant psychotherapeutic techniques
- Any qualifications relevant to the way in which you perform your role in the specific context in which you work - e.g. a teaching qualification if you work in schools.

2. Context and experience

Understanding the context(s) in which you have worked and your experience in the field will help our assessors more clearly judge your readiness for Senior Accredited Membership of the HGI. The context in which you have worked may also help you demonstrate how you meet some of the competences, e.g., taking an active role within the profession.

3. Practice requirements

a) Therapy hours

Please detail the number of therapy hours you have undertaken since successfully passing Part 2 and in what circumstances (this includes hours between Parts 2 and 3 of the Diploma). You must have undertaken at least 1000 hours of practice to be eligible to apply for Accredited Membership. To support your claim please provide any evidence available. The following are examples of the types of evidence you could provide alone or in combination:

- Confirmation from a service(s) or service manager for whom you have worked
- Hours recorded on Pragmatic Tracker or other outcome measurement system
- Anonymised counselling diary
- Supervisor report (see below)
- Accounts recording paid therapy hours.

b) Training hours

You must have completed 500 hours of relevant training to be eligible to apply for Accredited Membership. The HG Diploma counts as 302 hours. Training hours refers to tutor contact time – whether online or face to face.

Senior Accredited Members must have received training which is accredited at Level 7 (e.g. A Masters degree; a post-graduate certificate; a post-graduate diploma) or which has demonstrable equivalence. This may include a professional qualification training on a specific specialism or necessary to work within a particular context.

- Students who completed the MA in Human Givens Psychotherapy at Nottingham Trent University have completed 450 hours of training and achieved a level 7 qualification
- HG supervision training pre-2023 is 28 hours of training. HG supervision training from 2023 onwards is 42 hours of training
- Facilitating Part 2 is equivalent to 65 hours of training
- Facilitating Part 3 is equivalent to 30 hours of training.

c) Personal Development

You are not required to undertake a set number of hours of personal therapy to become an Accredited or Senior Accredited Member of the HGI. If you notice any pattern matches or issues distracting you in therapy, you should seek to address these as soon as possible, through therapy if appropriate. Otherwise, there is no obligation to enter into therapy.

However, as a mental health practitioner, you are responsible for ensuring that you have the spare capacity to focus on your client and do not confuse your needs or model of reality with theirs. In this section, you should describe how you do this, any activity you have undertaken to ensure you were able to practise across your career as an HG therapist and how this activity supported your development.

Senior Accredited Members must have undertaken 160 hours of activity to support personal development since beginning training for the Diploma.

There are many ways in which people develop their spare capacity and ability to name their 'animals' and we are not prescriptive about how you do this. You may wish to consider including the following examples of types of activity that can help but we recognise you may have taken your own path. Explain clearly how what you have done has helped your development and ability to maintain spare capacity as a Human Givens therapist.

- Any therapy you have undertaken since you completed Part 2 - you do not need to divulge the reasons for attending therapy or what you addressed with the therapist. You simply need to record when you attended and for how many sessions
- Activity you have undertaken to develop your life resources
- Engaging in contemplative practice – e.g. yoga or meditation
- Spiritual or religious activities, such as retreats
- Any additional learning that has helped you reflect on your own life and develop your ability to maintain spare capacity.

d) Supervision

Please describe how you have used supervision to inform and develop your practice, since qualifying as a Human Givens therapist.

e) Safe and effective practice

Describe how you ensure that your practice is safe and effective and provide relevant evidence to support this. To demonstrate safety and effectiveness you may use evidence from the following:

- Outcome measurement – this is preferable where available
- Evidence from any service in which you worked
- Evidence from other colleagues
- Evidence from follow ups
- Evidence from analyzing your own notes
- Evidence from supervision notes
- Reflections on your own practice
- Your supervisor's report.

f) Complaints

Please detail whether you have ever been subject to any complaints to the RPSC or other professional body, such as BACP, NMC, GMC etc. and the outcome of any such complaint.

In this section, you are asked to reflect on your practice and experience and to use this to demonstrate how you meet the core competences of a highly experienced HG therapist, capable of taking an active role within the professional community, and of Column C of the SCoPEd framework.

This application is not a test of academic writing. Nor do you have to alter your language or our theoretical model – you can write from an HG perspective, using HG terms and ideas. We are interested in how you work, the experience you have gained and how this has prepared you to become a Senior Accredited HGI Member. Write in the way you feel most comfortable; it is ok to use bullet points, visual illustrations, examples from your work with clients etc.

The word count for each section is clearly identified, please keep within this maximum limit. There is no minimum limit.

4. Competences

In this section, you are asked to reflect on your practice and experience and to use this to demonstrate how you meet the core competences of a highly experienced HG therapist, capable of taking an active role within the professional community, and of Column C of the SCoPEd framework.

This application is not a test of academic writing. Nor do you have to alter your language or our theoretical model – you can write from an HG perspective, using HG terms and ideas. We are interested in how you work, the experience you have gained and how this has prepared you to become a Senior Accredited HGI Member. Write in the way you feel most comfortable; it is ok to use bullet points, visual illustrations, examples from your work with clients etc.

The word count for each section is clearly identified, please keep within this maximum limit. There is no minimum limit.

1. Taking an active role within the professional community

Senior Accredited Members are expected to act as role models and ambassadors for HG theory and practice. They may do this in a number of ways by, for instance

- Playing a role in supporting the development of practice and theory
- Providing leadership to the HG community
- Applying learning from HG ideas into practice, beyond the human givens community
- Communicating HG ideas beyond the human givens community
- Helping to integrate new learning and research into human givens theory and practice and communicating this within the human givens community
- Conducting, publishing and publicizing relevant research

In your answer you should demonstrate how you have taken an active role within your professional community. This may be within the setting in which you work (e.g. education; a specific area of health care; in the third sector), within the human givens community or a combination of both. Please describe what you have done, how and what impact this has had.

2. Working with complex presentations in therapy

Understanding and being able to work competently with complex presentations and being able to communicate about this work, is part of the role of a Senior Accredited member. In this section, it may be helpful to outline your experience in working with complex presentations and use one or two anonymous case studies to demonstrate

- How you assess and work with complexity
- How you support client safety
- Your understanding of the challenges associated with diagnosis, psychopathology and mental disorders and how you work with your client in relation to diagnostic labels

3. Working with diversity

In this section you can draw on your own therapeutic practice to demonstrate your ability to work effectively with a diverse client group. Alternatively, you may wish to draw on any work you have done in leadership roles or be delivering training, to improve the accessibility and effectiveness of relevant services and/or therapy for a more diverse population. You should highlight your understanding of the ways in which therapy can cause harm, if it is not appropriately adapted to the client's model of reality.

4. Working with evaluation methodologies

'Evaluation methodologies,' refers to the use of outcome measurements in therapy. In your answer, you should discuss your experience of using outcome measurement and describe how you have used this to enhance therapy for your clients. You should also demonstrate your awareness of the limits of outcome measurement and how this should be considered.

5. The ability to deliver therapy in technologically mediated environments (online, phone etc.)

In this section, you should describe how you work with clients via technology such as online platforms, over the phone etc. or, if you have not worked in this way before, demonstrate that you are sufficiently prepared to do so. You should demonstrate your awareness of the challenges and ethics around working through technology, any additional training you have undertaken to prepare you for this work and outline how you ensure that when working in this way, your practice remains safe and effective.

6. Understanding and evaluating evidence and theory and integrating this into practice

As a Senior Accredited Member, it is expected that you will be aware of and can evaluate ideas and evidence beyond core HG teaching. This may be something you are called upon to demonstrate in peer groups, to guide newly qualified Registered Members. In this section, you should discuss how you maintain an up to date awareness of latest thinking and research, how you evaluate new ideas and findings and how you relate this to your HG practice. An awareness of the broader history of research and thinking will strengthen your answer. You may also wish to demonstrate your knowledge of the learning HG has taken from other approaches and research.

7. Generating new evidence and understanding

There are a number of ways in which you may wish to demonstrate your ability to contribute to the generation of new evidence and understanding. This may include

- A research project or systematic review conducted as part of a level 7 qualification
- Research published in peer reviewed literature
- Published work to develop theory in relation to mental health and/or psychotherapy
- Published case studies that demonstrate new practice or the application of practice in a new setting
- Work to apply research into practice or to explain a synthesis of scientific findings to the general public

5. Case studies

The case studies are designed to help you reflect on your learning and development and demonstrate your understanding, knowledge and competence. This is not a test of your academic writing ability – you can write in simple, clear language in a way that feels comfortable to you. You may use bullet points, lists and/or diagrams if you wish.

6. Supervisor report

Please provide this form to your supervisor to complete. If you have been with your current supervisor for less than two years, please also send this form to your previous supervisor.

7. Log of supporting evidence

Please list each item of evidence that you are submitting with your application, in order. Please number each item and use these numbers in your written submission, to indicate which piece of evidence demonstrates each claim.